

# Scouts in Action Night

Thursday 13<sup>th</sup> August 2014

All Venturers @ 2<sup>nd</sup> Mildura Scout Hall

Time	Program	Equipment required	Who
7.30pm	Flag / Welcome / About tonight		Leaders
7.35pm	Activity – M&M Questionnaire	Bag of M&M's	Louise
7.45pm	Guest Speaker – Richard Dowdy		All
8.15pm	Types of Bullying	Handout cards, pens	All
8.45pm	Activity – Question Ball	Ball w/ wacky questions	David
8.50pm	Bullying Thermometer	Handout cards, pens	All
9.20pm	Activity – Ball & Chain	Balloons, string	Ron
9.25pm	Closing Parade – Reminders Survivor Camp – Notices Flag Down		Leaders
9.30pm	– Home		

# M&M Questionnaire

You get a big bag of M&M's. Open them up and pass the bag around. Each person pulls out 1 M&M and passes the bag to the next person. You continue this cycle until you run out.

When all M&M's are passed out, you begin to ask questions in a circle. Each M&M represents a question. (Red could be "Name one hobby" and blue could be "Name one of your favourite bands".)

You pick which M&M to answer for; when you answer, you can eat the M&M.

Red: Name one hobby

Blue: Name your favourite band

Brown: Favourite movie

Yellow: Most embarrassing moment

Orange: Favourite animal

Green: Name your favourite subject at school

# QUESTION BALL

Have a 8-10 question cards taped onto a ball. In a group, toss the ball to other people. The person who catches the ball has to answer whichever question your right thumb lands on, you have to answer that question.

# **BALL & CHAIN**

Each player gets a blown up balloon with a piece of string attached, which they need to tie to their ankle. On the starting signal, each player attempts to stand on other people's balloons, trying to burst them. Once your balloon has popped, you are out.

The winner is the last player with a balloon.

## **Prevention & Awareness Activity A**

### **“Bullying Thermometer”**

#### **Objective/Goals:**

There are many types of bullying. How do you decide which is worse or more harmful? This exercise explores the types of bullying behavior and encourages the participants to discuss them, their meaning and their impact.

Learn different types of bullying behavior.

Discuss the impact of bullying.

Discuss how differences (gender, generational, social) can affect the perception of bullying behaviors.

#### **Materials Needed:**

Handout Cards from the “Bullying Thermometer” activity (one per group)

#### **Description/Directions:**

##### Part A (5 minutes)

1) In a larger group the facilitator should lead a SHORT discussion using the questions below. This portion of the exercise is to help the participants begin the discussion on types of bullying.

A. What are types of bullying?

B. Are all types of bullying equal? Do all types affect people in the same way?

##### Part B (25 minutes)

1) Divide the group into teams (8-10 people works well).

2) Give each team a set of the “Bullying Thermometer” activity cards.

3) Ask them to go over each card and discuss what that method of bullying means. Ask them, as a group, to develop a definition of each word.

4) Once they all agree on what the different types of bullying mean, have them put the cards in order from the “coolest” type (least harmful) to the “hottest” type (most harmful).

5) Have the groups share the order of their cards with the larger group.

##### Bullying Thermometer Hand Out Cards (make into cards)

- Harassment
- Hazing
- Drama
- Conflict
- Teasing
- Pick-On
- Name Calling
- Rumours
- Isolation
- Demeaning
- Making A Threat
- Flirting
- Practical Joke
- Terrorizing
- Posing a Threat
- Sarcasm
- Hate Speech
- Hitting
- Intimidation

## **Prevention & Awareness Activity B**

### **Types of Bullying**

#### **Objective/Goals:**

Bullying is word that people talk about a lot but don't always fully understand. This lesson explores the different types of bullying and helps the participants understand the many different types of bullying.

Learn about the different types of bullying.

Discuss different ways to bully.

Create a definition for bullying.

#### **Materials Needed:**

Part A: Handout "Types of Bullying"; Index Cards (one set per team); pens or pencils.

Part B: Handout "Why We Bully" (2 sets, cut apart)

#### **Description/Directions:**

##### Part A (20 Minutes)

1) Divide the group into teams. Give each team a set of Types of Bullying cards. Tell them they have 10 minutes to come up with as many different ways that people bully as possible. Write answers on each index card.

2) When the 10 minutes is up; hand each group one of the "Why We Bully" handouts. Tell them to divide the ways people bully into the categories, and write them on the cards.

3) Have each group come up with their own definition of bullying and write this down.

3) Have the groups discuss their answers.

##### Part B (10 Minutes)

1) Divide everyone into eight teams (of at least three people).

2) Have each team draw one of the "Types of Bullying" cards from a hat.

3) Give the groups 5 minutes to come up with short role play that illustrates what's on the card. The other teams have to guess the "type" that the person is bullying.

##### Types of Bullying? Hand Out Cards (make into cards)

- Cyberbullying
- Emotional
- Verbal
- Hazing
- Gossiping
- Physical

##### Why We Bully Hand Out Cards (make into cards)

- People bully because other people do it
- People bully because it makes them feel better about themselves
- People bully because they want to be accepted by a certain group
- People bully because it keeps them from being bullied