

Scouts in Action Month 2022
'The Great Australian Scout Cook Off'
Joey Scout Program – Healthy Night



Time	Activity	Detail	Lead	Assist	Adult Support	Resources	Achievement Pathways
0.00	Opening Activity	See attached notes				Australian Flag	
0.05	Game	Eight				Large soft ball	
0.10	Game	Duck Ball				Balls	
0.15	Game	Carrot Countdown				Big carrots or equal sized chunks of carrot (or vegetables the Joeys will eat), plates	
0.20	Activity	Potato Head Construction				Cooked or par boiled potatoes, broccoli, carrots, zucchini, capsicum, mushrooms, cauliflower, cherry tomatoes, toothpicks, baking paper, aluminium pie tins (one for each potato), paper bowls, pencils, bowls, hand sanitiser, paper towel	
0.30	Game	Chicken Relay				Paper bowls, straws, BluTack, and corn kernels	
0.40	Activity	Dinner Party				Paper plates, paper bowls, magazines, scissors, glue sticks	
0.55	Closing Activity	See attached notes				Australian Scout Flag	
0.60	Home						

Scouts in Action Month 2022

'The Great Australian Scout Cook Off'

Joey Scout Program – Healthy Night



Opening Activity	
Resources	Australian Flag
Notes on Opening Activities	There should be an Opening and Closing Activity associated with the meeting whether at the den or on camp or away from the den. Wherever possible the Opening and Closing activities of each youth meeting should be led by youth members who have been trained for these roles. Ideally every youth member should be progressively involved in taking an assisting or leading role in an Opening or Closing Activity once a semester. Refer – pr.scouts.com.au – A Guide to Ceremonies in Australian Scouting
Game	Eight
Resources	Large soft ball
Game Play	Stand the Joey Scouts in a circle with someone who is "it" in the centre armed with a large soft ball. A specific area (not too large) is set. The game starts when everyone scatters "it" counts to eight, on the count of eight, everyone stops and does not move. "It" tries to tag someone with the ball by rolling the ball along the ground. If "it" succeeds, then everyone comes back to the start and "it" goes again up to three times. If the ball misses the target Joey Scout then the Jory Scout closest to the ball is now "it"
Game	Duck Ball
Resources	Balls
Game Play	The Joey Scouts are divided into two equal teams. The first Joey Scout in each team stands in front (2m away) facing the team. They throw the ball to the Joey Scout in front who catches the ball and then throws it back. After they throw it back, they duck down. The first Joey Scout throws to the next Joey Scout who throws and ducks until it reaches the last Joey Scout in line who runs up to the thrower with the ball and becomes the new thrower. The Joey Scout who was the thrower runs to the front of the line
Game	Carrot Countdown
Resources	Big carrots or equal sized chunks of carrot (or vegetables the Joeys will eat), plates
Game Play	How fast can you eat a carrot with no hands? Joey Scouts put hands behind their back and use no hands to eat a carrot as fast as they can.

Scouts in Action Month 2022
'The Great Australian Scout Cook Off'
Joey Scout Program – Healthy Night



Activity	Potato Head Construction
Resources	Cooked or par boiled potatoes, broccoli, carrots, zucchini, capsicum, mushrooms, cauliflower, cherry tomatoes, toothpicks, baking paper, aluminium pie tins (one for each potato), paper bowls, pencils, bowls, hand sanitiser, paper towel
Method	Have the potatoes partially cooked (make them soft and easy for Joeys to push a toothpick into) and cooled prior to the meeting Cut off a small portion of the base so that the potato can stand on its own in the pie tin. Have all the vegetables pre-cut for various facial parts (eyes, lips, mouth, nose, ears, hair etc) One per Joey Scout Sanitise hands Using the cut up vegetables make a potato head attaching them with toothpicks
Game	Chicken Relay
Resources	Paper bowls, straws, BluTack, and corn kernels
Game Play	Divide Joey Scouts into teams. Scatter corn between 1 - 2m in front of each team with a bowl in front. Each team stands in a line with BluTack stuck to each straw for picking up corn. When the game begins, each Joey Scout runs to the corn picks it up using the straw and places it in the bowl. Repeat the process until the first Joey Scout is back to the front.
Activity	Dinner Party
Resources	Paper plates, paper bowls, magazines, scissors, glue sticks
Method	Give each Joey Scout a small paper plate and a bowl. They then prepare their own meal by cutting out pictures from magazines and gluing them in place on the plate and bowl Note – talk to Joey Scouts about using scissors safely
Closing Activity	
Resources	Australian Flag, badges that may be available for presenting, any notices that need to be handed out