



**1<sup>st</sup> Bullsbrook Air Scout Group**  
**CUB SCOUT PACK WEEKLY PLANNER**

DATE: Thursday 31<sup>st</sup> July 2014  
 WEEK: Two  
 SCHOOL TERM: Three

THEME/TOPIC: Scouts in Action Month  
 Breaking the Cycle – Bullying is not part of Scouting

PARTICIPATION SCHEME FOCUS:

TIME	ACTIVITY	LEADER	EQUIPMENT	AoPG	METHOD	REVIEW
				Circle the AoPG & Methods used for each activity		
6:00pm	Opening Parade: Duty Six – Black		Australian Flag Duty Six Roster			
6:10pm	Toothpaste Activity (see pg 3 for activity)		Table, masking tape, toothpaste			
6:20pm	What is Bullying? (see pg 3 for activity)		Posters from websites listed			
6:35pm	Game – Statue Tiggy Pack runs around and one person (or maybe two) are 'it'. These will represent the kids with bullying behaviour. They chase and when a cub is tagged, they freeze. The rest of the group supports the frozen victim to free them, by crawling under their legs.					
6:45pm	What makes you feel safe? Cubs sit in a circle where they can see and respond to each other. Leader begins with: <i>Tell me in 1 or 2 words something that makes you feel safe and happy at Scouts?</i> Cubs share ideas around the group. All are required to provide a response.					
6:55pm	Activities: Cubs to complete at least two of the three activities 1. Hand drawing 2. Anti-bullying tree 3. Poster		Paper & pencils Large tree shape, green leaf cut outs, pencils, blu tac A4 paper, pencils,			
7:20pm	Two short Yarns Raksha standing up to Shere Khan The Bandar-log, the monkey people description		Excerpts from the Jungle Book (as copied below)			
7:25pm	Closing Parade: Duty Six – Black Closing Prayer –					



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<b>LEADERS &amp; HELPERS PRESENT</b>	<b>ACHIEVEMENT BADGES COMPLETED:</b>												<b>NOTES:</b>					
	<b>NAME</b>	<b>BADGE ACHIEVED</b>																
<b>CUB SCOUTS ABSENT</b>																		
	<b>PACK COMPETITION POINTS:</b>												Night Total	Term Total				
	SIX NAME	POINTS EARNT																

### **Toothpaste activity:**

Ask for a volunteer to come to the front of the room. Place a strip of masking tape on the length of the table. With a tube of toothpaste, have the volunteer run a bead of toothpaste on the length of the masking tape. Now ask the participant to put the toothpaste back in the tube. Obviously, it can't be done. This is an example of how hurtful words once spoken cannot be taken back. Bullies say hurtful words frequently and need to know the impact that their words have on their victims.

### **What is Bullying?**

Ask Cubs what they think bullying is

Leader reads the "What is bullying?" Hand out (<http://bullyingnoway.gov.au/national-day/for-schools/bnw-feature/2014-stand-together.html>) and briefly discusses with the group. *Focus on the point that bullying is repeated behaviour from a person that makes you feel bad.*

Show poster about different types of bullying (p9 eyesonbullying.org)

Role play "Using assertive responses to bullying" (p19 eyesonbullying.org)

Discuss "Bullies, Victims and Bystanders" (p10 eyesonbullying.org)

Revisit our Pack Code of Conduct and treating each other with respect

### **Game - Statue Tiggy**

Equipment: Nil

Method: Pack runs around and one person (or maybe two) are 'it'. These will represent the kids with bullying behaviour. They chase and when a cub is tagged, they freeze. The rest of the group supports the frozen victim to free them, by crawling under their legs.

Short Post Game Debrief:

- Link the roles that were played in the game:
  - o group responsibility,
  - o bully's actions (eg. Did they go for the same kids?),
  - o bystanders (did group members not do any unfreezing),
  - o the victims' feelings.
- Highlight the repetitive nature of bullying and did it play out in the game?
- Ensure that the length of the discussion and the topics meet the pack needs

**Hand drawing** Children draw around their own hand and write one thing on each finger that they would do to stop an act of bullying. Create an anti-bullying wall collage using everyone's hands.

**Anti-bullying tree** Cut out leaf shapes and a large tree from paper. On the leaves, get children to write suggestions about how to help someone who is being bullied. Pin leaves on the tree to create the sense that 'Together we can stop bullying!'

### **Anti-Bullying Poster**

Equipment: Pens, pencils, magazines, newspapers, scissors, glue

Method:

Have each six work on an anti-bullying poster that can be displayed in your den. This will require some large sheets of paper and pencils. At the end of the activity put the posters onto the cub board for all to see.

Chapter One; Mowgli's Brothers

**STANDING UP TO A BULLY**

'The Wolves are a free people,' said Father Wolf. 'They take orders from the Head of the Pack, and not from any striped cattle-killer. The man's cub is ours—to kill if we choose.' 'Ye choose and ye do not choose! What talk is this of choosing? By the bull that I killed, am I to stand nosing into your dog's den for my fair dues? It is I, Shere Khan, who speak!'

The tiger's roar filled the cave with thunder. Mother Wolf shook herself clear of the cubs and sprang forward, her eyes, like two green moons in the darkness, facing the blazing eyes of Shere Khan.'

And it is I, Raksha [The Demon], who answers. The man's cub is mine, Lungri—mine to me! He shall not be killed. He shall live to run with the Pack and to hunt with the Pack; and in the end, look you, hunter of little naked cubs—frog-eater— fish-killer—he shall hunt thee! Now get hence, or by the Sambhur that I killed (I eat no starved cattle), back thou goest to thy mother, burned beast of the jungle, lamer than ever thou camest into the world! Go!'

Father Wolf looked on amazed. He had almost forgot-ten the days when he won Mother Wolf in fair fight from five other wolves, when she ran in the Pack and was not called The Demon for compliment's sake. Shere Khan might have faced Father Wolf, but he could not stand up against Mother Wolf, for he knew that where he was she had all the advantage of the ground, and would fight to the death. So he backed out of the cave mouth growling, and when he was clear he shouted:

'Each dog barks in his own yard! We will see what the Pack will say to this fostering of man-cubs. The cub is mine, and to my teeth he will come in the end, O bush-tailed thieves!'

Chapter Two; KAA'S HUNTING

**JUNGLE BULLIES**

The Bandar-log—the Monkey People

What Baloo had said about the monkeys was perfectly true. They belonged to the tree-tops, and as beasts very seldom look up, there was no occasion for the monkeys and the Jungle-People to cross each other's path. But whenever they found a sick wolf, or a wounded tiger, or bear, the monkeys would torment him, and would throw sticks and nuts at any beast for fun and in the hope of being noticed. Then they would howl and shriek senseless songs, and invite the Jungle-People to climb up their trees and fight them, or would start furious battles over nothing among themselves, and leave the dead monkeys where the Jungle-People could see them.