

First in First Aid



St John





Be an Ambulance Hero: Dial Zero Zero Zero

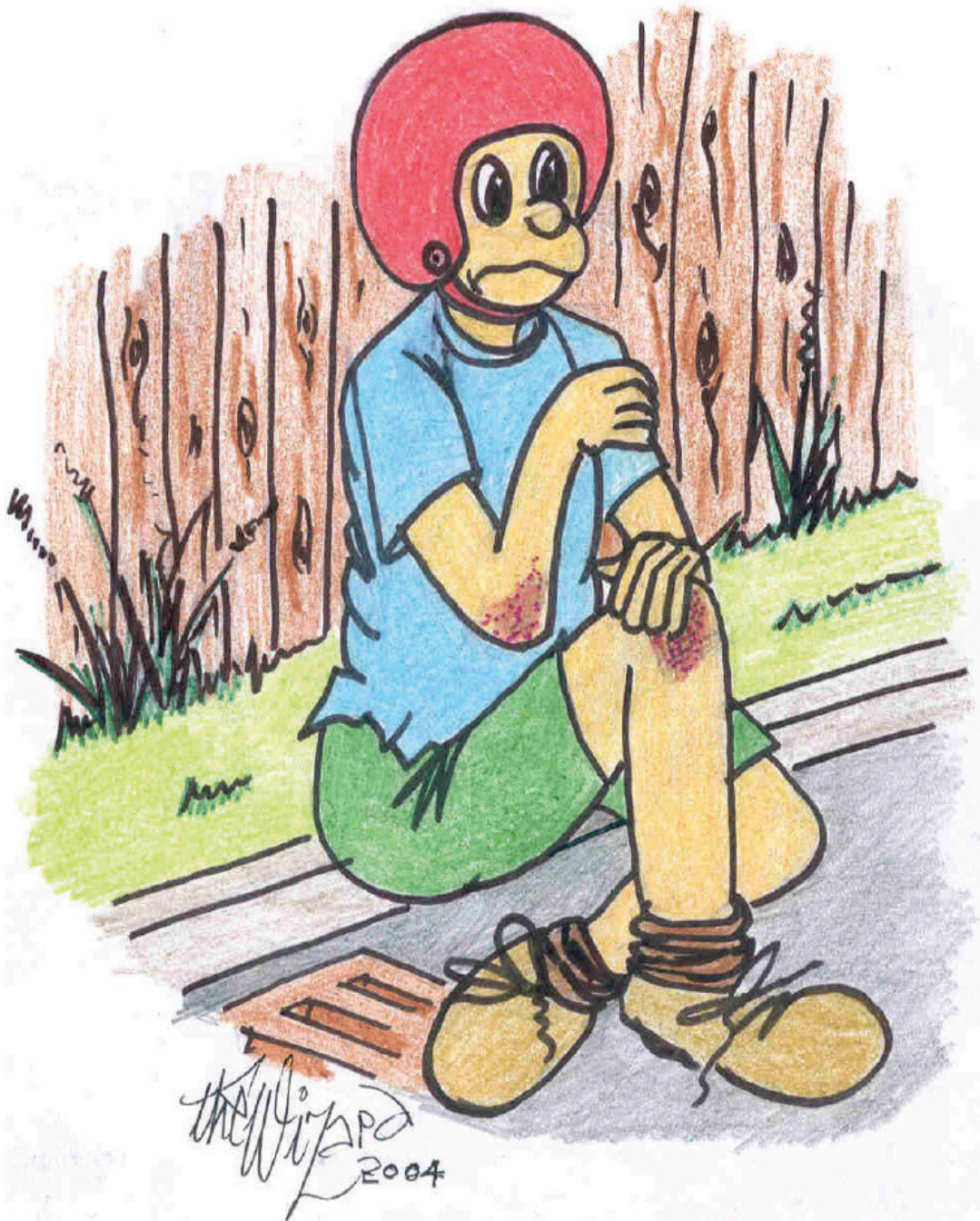
Julie cut her finger on
the gate. It is a small cut and
is bleeding a little bit.

Is this a little accident or
a big accident?

If Julie only has a small cut on her
finger and there is just a little blood,
this might be a small accident.

Ask a parent, grown-up or teacher
for help.

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Mike was going too fast
on his bike and fell off.
He has hurt his arm.

Is this a little accident or
a big accident?

If Mike can talk and he only has a small
graze on his arm, this is a small
accident.

As a parent, grown-up or teacher
for help

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Jimmy has fallen out of a tree and says that he cannot move.

Is this a little accident or
a big accident?

If a person says that they
cannot move then this is
a big accident.



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Peter does not know what is
wrong with his dad.

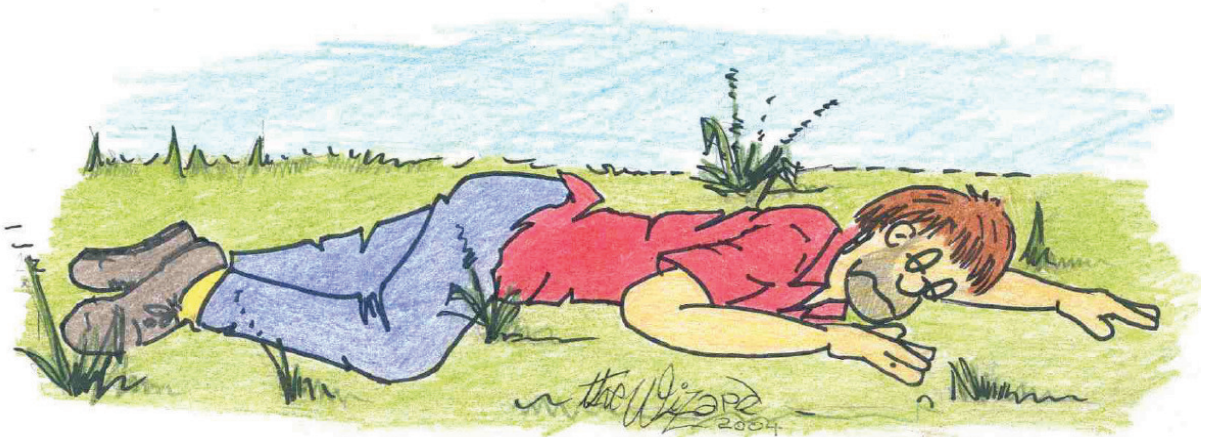
He is holding his chest and is having
trouble breathing and he cannot talk.

Is this a little accident or
a big accident?

If a person has chest pain or is having
trouble breathing this is a big accident



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Jessica found her uncle lying on the ground.

She tries to wake him up but he is not moving.

Is this a little accident or a big accident?

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If a person will not wake up when you shout their name and squeeze their shoulders this is a big accident.

Dial Zero Zero Zero

