

**Scouts in Action Month 2022**  
**'The Great Australian Scout Cook Off'**  
**Scout Program – Master Chef Gourmet Jaffles**



Time		Activity	Detail	Lead	Assist	Adult Support	Resources	Achievement Pathways
0.00	5	Opening Activity	See attached notes				Australian Flag	
0.05	10	Game	SPUD				Basketball or similar	
0.15	25	Activity	Fire Lighting Challenge				Fire drums, kindling, newspaper, matches, axe, small billy, mugs, spoons, drink ingredients	
0.40	30	Activity	Master Chef Gourmet Jaffles				Jaffle Irons, bread, cooking spray, butter/margarine, fillings, paper plates, knives, forks, spoons	
1.10	10	Activity	Clean Up				Wash basins/sink, dishwashing liquid and cloths, tea towels	
1.20	10	Game	Duty Patrol Choice				As required	
1.30	20	Activity	Quick Tower or Catapults or Both				Bamboo garden stakes, rubber bands, ping pong balls	
1.50	5	Activity	Activity Clean Up					
1.55	5	Activity	Closing Activity				Australian Flag	
2.00		Home						

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<b>Opening Activity</b>	
Resources	Australian Flag
Notes on Opening Activities	There should be an Opening and Closing Activity associated with the meeting whether at the den or on camp or away from the den. Wherever possible the Opening and Closing activities of each youth meeting should be led by youth members who have been trained for these roles. Ideally every youth member should be progressively involved in taking an assisting or leading role in an Opening or Closing Activity once a semester. Refer – <a href="http://pr.scouts.com.au">pr.scouts.com.au</a> – A Guide to Ceremonies in Australian Scouting
<b>Game</b>	<b>SPUD</b>
Resources	Basketball or similar
Game Play	<p>Scouts are all given a number            Leader selects a Scout as 'It'            "It" holds the ball and all the other Scouts circle around them.            "It" then throws the ball straight up in the air while calling out a number (not their own)            The Scout with that number must catch the ball either while it is coming down or on the rebound.</p> <p>While the Scout whose number was called is catching the ball all other Scouts scatter and get as far away as they can from the Scout catching the ball.            When the ball is caught by the Scout whose number was called, they yell out "SPUD!".            The Scouts who are running away <b>must stop</b> in their tracks.            The Scout with the ball can take four giant steps then tries to throw the ball and hit one of the other Scouts below the knees</p> <p>If they hit someone then the Scout that was hit gets a letter in the word SPUD and they become the new 'It'. If the Scout tossing the ball misses then they get a letter and they can pick someone to be the new 'It'</p> <p>All the Scouts gather into the centre again around the new 'It' and the game continues as above.</p> <p>When a player gets all four letters of the word SPUD that is the end of the game or if the game is going on too long end it after 10 minutes to be played another day.</p>

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<b>Game</b>	<b>Fire Lighting Challenge</b>
Resources	Fire drums, kindling, newspaper, matches, axe, small billy, mugs, spoons, drink ingredients
Method	<p>In Patrols or divide the Unit into two teams or individuals can complete this challenge depending on the Unit size            Each Patrol/Team/Individual is to race to be the first to light their fire and make a hot drink – cup of tea, coffee, shot chocolate, soup etc</p> <p>All the materials for this activity will be available for the Scouts but they may need to complete challenges or answer questions to 'earn' the materials – sit ups, star jumps, recite the Scout Laws or Promise (their choice of Promise), tie a knot)            Make it fun but challenging at the same time</p> <p>3 points to the Patrol/team/Scout that wins            One member from each Patrol/team should tend the fire (not left unattended) as the coals will be needed for Master Chef Gourmet Challenge)</p>
<b>Activity</b>	<b>Master Chef Gourmet Jaffles</b>
Resources	Jaffle Irons, bread, cooking spray, butter/margarine, fillings, paper plates, knives, forks, spoons – special diets can bring food to be cooked in jaffles at home or all can bring fillings – normal and gluten free bread may be needed
Method	<p>Explain what a Jaffle Iron is and a bit of their history (see notes below)            Have the Scouts prepare their fillings between slices of bread – can be savoury or sweet there are lots of choices so let the Scouts decide what they want.            Use the fires from the previous activity as the heat source            Enjoy and have lots of fun eating them  <b>WARNING – CONTENTS WILL BE HOT – WARN THE SCOUTS – THEY WILL BE IMPATIENTS TO EAT THE CONTENTS</b></p>
<b>Activity</b>	<b>Clean Up</b>
Resources	Wash basins/sink, dishwashing liquid and cloths, tea towels
Method	<p>Clean tables and any utensils used (knives, peelers, forks etc)            Have all Scouts wash their hands            Review the activity</p>

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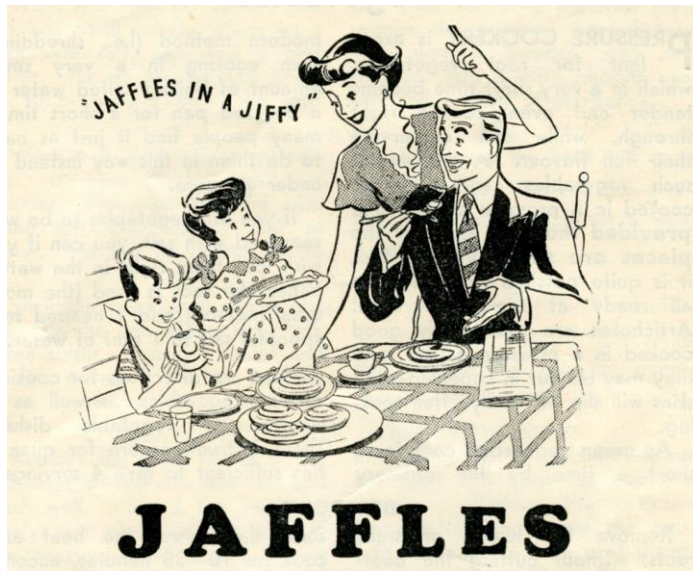


<b>Game</b>	<b>Duty Patrol Favourite</b>
Resources	As determined by the chosen game
Game Play	If it is a Patrol favourite everyone will know what the rules are Reminder to all about safety if applicable
<b>Activity</b>	<b>Quick Tower or Catapults or Both</b>
Resources	Bamboo stakes, rubber bands, ping pong balls – set for each Patrol
Method	Patrols are to build a tower or catapult as quick as they can to either build the tallest tower or bombard the other teams by using only the materials provided (tower- garden stakes and rubber bands) catapult (garden stakes, rubber bands and ping pong balls) You could construct both and the catapult tries to hit the tower, the tower is strong enough to withstand being hit by the ping pong balls Let the Patrols choose what they want to do
<b>Activity</b>	<b>Activity Clean Up</b>
Resources	Bamboo stakes, rubber bands, ping pong balls – set for each Patrol
Method	Undo everything and return them to the store room – broken materials to the bin
<b>Activity</b>	<b>Closing Activity</b>
Resources	Australian Flag
Notes on Opening Activities	There should be an Opening and Closing Activity associated with the meeting whether at the den or on camp or away from the den. Wherever possible the Opening and Closing activities of each youth meeting should be led by youth members who have been trained for these roles. Ideally every youth member should be progressively involved in taking an assisting or leading role in an Opening or Closing Activity once a semester. Refer – <a href="http://pr.scouts.com.au">pr.scouts.com.au</a> – A Guide to Ceremonies in Australian Scouting

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That Aussie icon, the jaffle iron, has a shorter history than you may think. It was invented in 1949 and was a coveted household item in the early 1950s. The original Jaffle brand jaffle iron was designed and patented by Dr Ernest Smithers of Bondi. So it's all-Australian. He also invented the name – perhaps because it sounded a bit like waffle?

It seems I was quite wrong about the origins of the jaffle iron. Looking at old advertisements it seemed to be paired with the pressure cooker, another popular appliance of the time. So I deduced (wrongly it seems) that they had a common (English) origin. However, I later had a note from John Ruffels, who wrote:

*"I know for sure the Jaffle Iron was designed and named and patented in Australia in June 1949 by Dr Ernest E. Smithers, a Bondi medico who moved to the Little Bay Hospital post-1945. He had resided in Bondi for ten years before that, and that is*

*where he invented not only the Jaffle Iron (Australian Design Office registered Number 27089), but also the Surfoplane!. I have been in touch with the Smithers family and have seen the Patent document from the National Archives of Australia. Yours, John Ruffels*

*P.S.: AS with many inventions, other inventors were working on parallel lines – like with the Panini, Tosti and the American Waffle. But the Savoury Mince Jaffle is a dinky-di True Blue Aussie invention. And, unlike the Jaffle, you cannot take other Toasted Sandwich Makers outdoors!.JR.*



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## Jaffle origins

The history of the jaffle iron begins with wafer irons in medieval times. These were used to produce flat, unleavened cakes and consisted of two metal plates with wooden handles. The plates were connected by a hinge and the cakes were cooked over a fire, flipped to cook both sides. The Belgian waffle iron was a direct descendent of this device. The original jaffle iron was likely inspired by the waffle iron.



When it was first advertised in 1949, the device was described as a “[pressure toaster](#)”, perhaps to trade off the idea of the pressure cooker. Its advantage was that the edges of the bread were pressed together to contain the hot filling. The jaffle iron was embraced with some fervour. There were even [cookery demonstrations](#) showing how to use it and the device cropped up frequently as a desirable prize at shows, social events and the odd charity “do”. Sadly, it could also become a weapon. An *Illawarra Daily Mercury* headline in December 1953 screamed ‘Wife hit husband with “Jaffle Iron”; fined £3’.

Jaffles were touted as “the latest cookery creation for all the family to enjoy”. They were considered trendy enough for entertaining as well. In 1949, the *Western Mail* in Perth proclaimed:

*Really useful for everyday cooking as well as parties is the Jaffle Iron which is very simple to use and produces a most appetising toast “pie.” All that you do is make a thick sandwich and, after clamping it shut in the iron, heat it over a flame. It may be used over any type of heat and we suggest that if you are having a barbecue it might be an idea to provide your guests with three or four bowls of appetising filling and let them make their own.*



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**L**OST—June 19, new double jaffle iron. Reward this office. 73dp

**L**OST from Garden Flat, eleven heifers. W. Doman, Mount Schank. 72dp

**L**OST—Black and white sheep dog. Name, Ringer. Reward, J. Preece. 72dp

Before long, food manufacturers latched on to the craze. In 1950, grocers were advertising “Edgell Bologanaisse (sic) Mince Beef and Spaghetti – 1/11. A New Line for the Jaffle Iron.” The irons were available in single and double models and were obviously treasured. A wistful note in Mount Gambier’s *Border Watch* in 1950 offers a reward for a lost one.

Similar devices were available in America, perhaps as early as the 1920s. In the USA they are called [pie irons](#), pudgy pie irons or “tonka toasters”. An electric version was patented in 1924 by Charles Champion of Illinois. He also invented a machine for making popcorn.

An electric sandwich maker was produced in Belgium in the early 1970s. For a short time the Australian company, Breville, distributed these but problems with supply led to the company developing its own toasted sandwich maker. The [Breville Snack & Sandwich Maker](#) became a huge success in Australia and in Britain, to the point where, in many places, a jaffle is actually called a “Breville”.